

Performa : Hindu College of Pharmacy, Sonipat (024)				
Lesson Plan				
Name of the faculty		Dr. Dinesh Kaushik		
Discipline		Pharmacy		
Semester		1 <sup>st</sup> Year		
Subject		Social Pharmacy		
Lesson plan Duration		25 weeks (Oct. 2021 to May 2022)		
Work Load/week(In hour)		Lecture- 03; Tutorial -01; Practical- 09		
Week	Theory		Practical	
	Lecture Day	Topic	Practical Day	Topic
1 <sup>st</sup> (Oct.3rd week)	1 <sup>st</sup>	Chapter-1 Social Pharmacy ; scope in public health , definition	1 <sup>st</sup> (Batch A)	National immunization schedule for children
	2 <sup>nd</sup>	Role of Pharmacist in public health	2 <sup>nd</sup> (Batch B)	National immunization schedule for children
	3 <sup>rd</sup>	Concept of Health : WHO dimensions	3 <sup>rd</sup> (Batch C)	National immunization schedule for children
	4 <sup>th</sup>	Concept of Health : WHO health indicators		-----
2 <sup>nd</sup> (Oct.4th week)	1 <sup>st</sup>	Concept of Health : WHO Health determinants	1 <sup>st</sup> (Batch A)	Reproductive and child health, relevant to health programmes
	2 <sup>nd</sup>	National Health Policy	2 <sup>nd</sup> (Batch B)	Reproductive and child health, relevant to health programmes
	3 <sup>rd</sup>	Public and private health policy systems in India	3 <sup>rd</sup> (Batch C)	Reproductive and child health, relevant to health programmes
	4 <sup>th</sup>	National Health Mission		-----
3 <sup>rd</sup> (Nov. 2nd week)	1 <sup>st</sup>	MD Goals, Sustainable Development goals, FIP Development Goals	1 <sup>st</sup> (Batch A)	Family planning devices
	2 <sup>nd</sup>	Revision	2 <sup>nd</sup> (Batch B)	Family planning devices
	3 <sup>rd</sup>	Chapter -1 Test	3 <sup>rd</sup> (Batch C)	Family planning devices
	4 <sup>th</sup>	Chapter - 2 Preventative Healthcare: Demography		-----
4 <sup>th</sup> (Nov. 3rd week)	1 <sup>st</sup>	Family planning	1 <sup>st</sup> (Batch A)	File Checking & Viva - Voce
	2 <sup>nd</sup>	Family planning	2 <sup>nd</sup> (Batch B)	File Checking & Viva -Voce
	3 <sup>rd</sup>	Mother and Child health, importance of breastfeeding	3 <sup>rd</sup> (Batch C)	File Checking & Viva -Voce
	4 <sup>th</sup>	Effects of infant milk and bottle feeding		-----
5 <sup>th</sup> (Nov.4th week)	1 <sup>st</sup>	Overview of Vaccines	1 <sup>st</sup> (Batch A)	Microscopically Observation

	2 <sup>nd</sup>	Types of Immunity	2 <sup>nd</sup> (Batch B)	Microscopically Observation
	3 <sup>rd</sup>	Overview of Immunization	3 <sup>rd</sup> (Batch C)	Microscopically Observation
	4 <sup>th</sup>	Overview of Immunization		
6 <sup>th</sup> (Dec. 1st week)	1 <sup>st</sup>	Effect of environment on health	1 <sup>st</sup> (Batch A)	Oral Health Hygiene & Assignment -01
	2 <sup>nd</sup>	water pollution and diseases	2 <sup>nd</sup> (Batch B)	Oral Health Hygiene & Assignment -01
	3 <sup>rd</sup>	Air Pollution	3 <sup>rd</sup> (Batch C)	Oral Health Hygiene & Assignment -01
	4 <sup>th</sup>	Noise pollution		-----
7 <sup>th</sup> (Dec. 2nd week)	1 <sup>st</sup>	Sewage and Solid Waste	1 <sup>st</sup> (Batch A)	Personal Hygiene and etiquettes
	2 <sup>nd</sup>	Environmental Pollution	2 <sup>nd</sup> (Batch B)	Personal Hygiene and etiquettes
	3 <sup>rd</sup>	Environmental Pollution	3 <sup>rd</sup> (Batch C)	Personal Hygiene and etiquettes
	4 <sup>th</sup>	Drugs of misuse and abuse, narcotics		
8 <sup>th</sup> (Jan 1st week)	1 <sup>st</sup>	tobacco products, social impacts on social health	1 <sup>st</sup> (Batch A)	File Checking & Viva - Voce
	2 <sup>nd</sup>	Revision	2 <sup>nd</sup> (Batch B)	File Checking & Viva -Voce
	3 <sup>rd</sup>	Class Test	3 <sup>rd</sup> (Batch C)	File Checking & Viva -Voce
	4 <sup>th</sup>	Chapter -3 Nutrition and Health, Basics of Nutrition		
9 <sup>th</sup> (Jan. 2nd week)	1 <sup>st</sup>	Macronutrients	1 <sup>st</sup> (Batch A)	Various types of masks and disposal
	2 <sup>nd</sup>	Micronutrients	2 <sup>nd</sup> (Batch B)	Various types of masks and disposal
	3 <sup>rd</sup>	Importance of Water and Fiber in diet	3 <sup>rd</sup> (Batch C)	Various types of masks and disposal
	4 <sup>th</sup>	balance diet, Malnutrition		-----
10 <sup>th</sup> (Jan.3rd week)	1 <sup>st</sup>	Effects of junk food, values of various food	1 <sup>st</sup> (Batch A)	Menstrual Hygiene , products and used
	2 <sup>nd</sup>	Fortification of food	2 <sup>nd</sup> (Batch B)	Menstrual Hygiene , products and used
	3 <sup>rd</sup>	Food safety, effects of artificial ripening	3 <sup>rd</sup> (Batch C)	Menstrual Hygiene , products and used
	4 <sup>th</sup>	Dietary supplements, Nutraceuticals, food supplement		

<b>11<sup>th</sup>(Jan. 4th week)</b>	<b>1<sup>st</sup></b>	Dietary supplements, Nutraceuticals, food supplement	<b>1<sup>st</sup> (Batch A)</b>	First Aid & Assignment -2
	<b>2<sup>nd</sup></b>	Revision	<b>2<sup>nd</sup> (Batch B)</b>	First Aid & Assignment -2
	<b>3<sup>rd</sup></b>	Class Test	<b>3<sup>rd</sup> (Batch C)</b>	First Aid & Assignment -2
	<b>4<sup>th</sup></b>	Chapter -4 Introduction to microbiology and microorganisms		
<b>12<sup>th</sup>(Feb. 2nd week)</b>	<b>1<sup>st</sup></b>	Introduction to microbiology and microorganisms	<b>1<sup>st</sup> (Batch A)</b>	File Checking & Viva - Voce
	<b>2<sup>nd</sup></b>	Introduction to microbiology and microorganisms	<b>2<sup>nd</sup> (Batch B)</b>	File Checking & Viva -Voce
	<b>3<sup>rd</sup></b>	Epidemiology and its applications	<b>3<sup>rd</sup> (Batch C)</b>	File Checking & Viva -Voce
	<b>4<sup>th</sup></b>	Epidemiology and its mode of transmission, outbreak, quarantine		
<b>13<sup>th</sup>(Feb. 3rd week)</b>	<b>1<sup>st</sup></b>	Respiratory infections- Chickenpox , measles	<b>1<sup>st</sup> (Batch A)</b>	First Aid
	<b>2<sup>nd</sup></b>	Respiratory infections- Rubella, mumps,	<b>2<sup>nd</sup> (Batch B)</b>	First Aid
	<b>3<sup>rd</sup></b>	Respiratory infections- whooping cough, meningococcal	<b>3<sup>rd</sup> (Batch C)</b>	First Aid
	<b>4<sup>th</sup></b>	Respiratory infections- Acute Respiratory infections, tuberculosis, Ebola		
<b>14<sup>th</sup>(Feb. 4th week)</b>	<b>1<sup>st</sup></b>	H1N1, SARS and MERS	<b>1<sup>st</sup> (Batch A)</b>	Emergency treatment for Medical Emergency
	<b>2<sup>nd</sup></b>	Diphtheria	<b>2<sup>nd</sup> (Batch B)</b>	Emergency treatment for Medical Emergency
	<b>3<sup>rd</sup></b>	Meningococcal meningitis	<b>3<sup>rd</sup> (Batch C)</b>	Emergency treatment for Medical Emergency
	<b>4<sup>th</sup></b>	Intestinal infections: poliomyelitis, viral hepatitis		
<b>15<sup>th</sup>(Mar. 1st week)</b>	<b>1<sup>st</sup></b>	Intestinal infections: viral hepatitis	<b>1<sup>st</sup> (Batch A)</b>	Role of Pharmacist in Disaster Management
	<b>2<sup>nd</sup></b>	Cholera, Acute diarrheal diseases	<b>2<sup>nd</sup> (Batch B)</b>	Role of Pharmacist in Disaster Management
	<b>3<sup>rd</sup></b>	Typhoid	<b>3<sup>rd</sup> (Batch C)</b>	Role of Pharmacist in Disaster Management
	<b>4<sup>th</sup></b>	Amebiasis		
<b>16<sup>th</sup>(Mar. 2nd week)</b>	<b>1<sup>st</sup></b>	Worm infestations		File Checking & Viva - Voce
	<b>2<sup>nd</sup></b>	food poisoning	<b>2<sup>nd</sup> (Batch B)</b>	File Checking & Viva -Voce

	<b>3<sup>rd</sup></b>	Arthropod - borne infections	<b>3<sup>rd</sup> (Batch C)</b>	File Checking & Viva -Voce
	<b>4<sup>th</sup></b>	Dengue, Malaria		
<b>17<sup>th</sup>(Mar. 3rd week)</b>	<b>1<sup>st</sup></b>	Filarasis	<b>1<sup>st</sup> (Batch A)</b>	Disinfectants, Fumigating agents, mosquito repellents
	<b>2<sup>nd</sup></b>	Chikungunya	<b>2<sup>nd</sup> (Batch B)</b>	Disinfectants, Fumigating agents, mosquito repellents
	<b>3<sup>rd</sup></b>	Surface infections , tetanus	<b>3<sup>rd</sup> (Batch C)</b>	Disinfectants, Fumigating agents, mosquito repellents
	<b>4<sup>th</sup></b>	Leprosy		
<b>18<sup>th</sup>(Mar. 4th week)</b>	<b>1<sup>st</sup></b>	STDs, HIV/AIDS	<b>1<sup>st</sup> (Batch A)</b>	Health Communication
	<b>2<sup>nd</sup></b>	STDs, HIV/AIDS	<b>2<sup>nd</sup> (Batch B)</b>	Health Communication
	<b>3<sup>rd</sup></b>	STDs, HIV/AIDS	<b>3<sup>rd</sup> (Batch C)</b>	Health Communication
	<b>4<sup>th</sup></b>	Revision		
<b>19<sup>th</sup>(April 1st week)</b>	<b>1<sup>st</sup></b>	Class Test	<b>1<sup>st</sup> (Batch A)</b>	Health Communication & Assignment - 3
	<b>2<sup>nd</sup></b>	Chapter -5 Introduction to health system	<b>2<sup>nd</sup> (Batch B)</b>	Health Communication & Assignment - 3
	<b>3<sup>rd</sup></b>	National Health Programme	<b>3<sup>rd</sup> (Batch C)</b>	Health Communication & Assignment - 3
	<b>4<sup>th</sup></b>	Objectives		
<b>20<sup>th</sup>(April. 2nd week)</b>	<b>1<sup>st</sup></b>	Functioning		File Checking & Viva - Voce
	<b>2<sup>nd</sup></b>	Outcome	<b>2<sup>nd</sup> (Batch B)</b>	File Checking & Viva -Voce
	<b>3<sup>rd</sup></b>	Role of Pharmacist	<b>3<sup>rd</sup> (Batch C)</b>	File Checking & Viva -Voce
	<b>4<sup>th</sup></b>	Role of Pharmacist		
<b>21<sup>st</sup>(April 3rd week)</b>	<b>1<sup>st</sup></b>	National Health Programme	<b>1<sup>st</sup> (Batch A)</b>	Water purification techniques
	<b>2<sup>nd</sup></b>	Revision	<b>2<sup>nd</sup> (Batch B)</b>	Water purification techniques
	<b>3<sup>rd</sup></b>	Class Test	<b>3<sup>rd</sup> (Batch C)</b>	Water purification techniques
	<b>4<sup>th</sup></b>	Chapter - 6 Pharmacoeconomics, introductions		
<b>22<sup>nd</sup>(April 4th week)</b>	<b>1<sup>st</sup></b>	Importance of Pharmacoeconomics	<b>1<sup>st</sup> (Batch A)</b>	Counselling children on junk food, balanced diet

	<b>2<sup>nd</sup></b>	Revision	<b>2<sup>nd</sup> (Batch B)</b>	Counselling children on junk food, balanced diet
	<b>3<sup>rd</sup></b>	Revision	<b>3<sup>rd</sup> (Batch C)</b>	Counselling children on junk food, balanced diet
	<b>4<sup>th</sup></b>	Revision		
<b>23<sup>rd</sup>(May. 1<sup>st</sup>week)</b>	<b>1<sup>st</sup></b>	Class Test	<b>1<sup>st</sup> (Batch A)</b>	Sources or various nutrients form locally available food
	<b>2<sup>nd</sup></b>	Revision	<b>2<sup>nd</sup> (Batch B)</b>	Sources or various nutrients form locally available food
	<b>3<sup>rd</sup></b>	Revision		Sources or various nutrients form locally available food
	<b>4<sup>th</sup></b>	Revision		
<b>24<sup>th</sup>(May. 2<sup>nd</sup> week)</b>	<b>1<sup>st</sup></b>	Class Test	<b>1<sup>st</sup> (Batch A)</b>	Tobacco cessation, various tobacco products
	<b>2<sup>nd</sup></b>	Revision	<b>2<sup>nd</sup> (Batch B)</b>	Tobacco cessation, various tobacco products
	<b>3<sup>rd</sup></b>	Revision	<b>3<sup>rd</sup> (Batch C)</b>	Tobacco cessation, various tobacco products
	<b>4<sup>th</sup></b>	Revision		
<b>25<sup>th</sup>(May. 3<sup>rd</sup> week)</b>	<b>1<sup>st</sup></b>	Class Test	<b>1<sup>st</sup> (Batch A)</b>	File Checking & Viva - Voce
	<b>2<sup>nd</sup></b>	Solve Queries	<b>2<sup>nd</sup> (Batch B)</b>	File Checking & Viva -Voce
	<b>3<sup>rd</sup></b>	Solve Queries	<b>3<sup>rd</sup> (Batch C)</b>	File Checking & Viva -Voce
	<b>4<sup>th</sup></b>	Solve Queries		
After onwards revised the queries regarding the syllabus.				