

Performa : Hindu College of Pharmacy				
Lesson Plan				
Name of the faculty		Mrs. Monica Kaushik		
Discipline		Pharmacy		
Semester/year		Diploma 1 st Year		
Subject		Health Education and Community Pharmacy		
Lesson plan Duration		25 weeks (July 16, 2018 to March 30, 2019)		
Work Load/week (hrs)		Lecture- 03; Practical- NA		
Week	Theory		Practical	
	Lecture	Topic	Practical	
1 st (July 3 rd week)	1 st	Concept of health	1 st (Batch A)	
	2 nd	Components of health	2 nd (Batch B)	
2 nd (July 4 th week)	1 st	Indicators and determinants of health	1 st (Batch A)	
	2 nd	Concept of disease	2 nd (Batch B)	
3 rd (Aug. 1 st week)	1 st	Disease causing agents and prevention of disease	1 st (Batch A)	
	2 nd	First aids measures	2 nd (Batch B)	
4 th (Aug. 2 nd week)	1 st	First aids measures	1 st (Batch A)	
	2 nd	Elements of minor surgery and dressings	2 nd (Batch B)	
5 th (Aug. 3 rd week)	1 st	CPR	1 st (Batch A)	
	2 nd	Fundamentals of communicable diseases	2 nd (Batch B)	
6 th (Aug. 4 th week)	1 st	Respiratory infections	1 st (Batch A)	
	2 nd	Respiratory infections	2 nd (Batch B)	
7 th (Sept. 1 st Week)	1 st	Intestinal infections	1 st (Batch A)	
	2 nd	Intestinal infections	2 nd (Batch B)	
8 th (Sept. 4 th Week)	1 st	Arthropod borne diseases	1 st (Batch A)	
	2 nd	Surface infections	2 nd (Batch B)	
9 th (Oct. 1 st Week)	1 st	STDs	1 st (Batch A)	
	2 nd	Demography and demographic cycle	2 nd (Batch B)	
10 th (Oct. 2 nd Week)	1 st	Concept of family planning	1 st (Batch A)	
	2 nd	Temporary methods of contraception	2 nd (Batch B)	
11 th (Oct. 3 rd Week)	1 st	IUD's	1 st (Batch A)	
	2 nd	Permanent methods of contraception	2 nd (Batch B)	
12 th (Oct. 4 th Week)	1 st	Fundamentals of non-communicable disease	1 st (Batch A)	
	2 nd	Cancer	2 nd (Batch B)	
13 th (Nov. 1 st Week)	1 st	Diabetes and Blindness	1 st (Batch A)	
	2 nd	Cardiovascular diseases	2 nd (Batch B)	
14 th (Nov. 2 nd Week)	1 st	Concept of epidemiology	1 st (Batch A)	
	2 nd	Dynamics of disease transmission	2 nd (Batch B)	
15 th (Dec 2 nd Week)	1 st	Immunity	1 st (Batch A)	
	2 nd	Immunization and immunological products	2 nd (Batch B)	
16 th (Dec 3 rd Week)	1 st	Principles of disease control & prevention	1 st (Batch A)	
	2 nd	Nosocomial diseases	2 nd (Batch B)	
17 th (Jan 2 nd Week)	1 st	Disinfections	1 st (Batch A)	
	2 nd	Sources of water supply	2 nd (Batch B)	
18 th (Jan 3 rd Week)	1 st	Water pollution	1 st (Batch A)	
	2 nd	Purification of water	2 nd (Batch B)	
19 th (Jan 4 th Week)	1 st	Health and water pollution	1 st (Batch A)	
	2 nd	Health and air pollution	2 nd (Batch B)	
20 th (Feb. 1 st	1 st	Health and light, noise pollution	1 st (Batch A)	

Week)	2nd	Arthropod borne diseases	2nd (Batch B)	
21st(Feb. 2nd Week)	1st	Rodents and animal borne diseases	1st (Batch A)	
	2nd	Fundamental principles of microbiology	2nd (Batch B)	
22nd (Feb. 3rd Week)	1st	Bacteria	1st (Batch A)	
	2nd	Algae and Fungi	2nd (Batch B)	
23rd(Mar. 2nd Week)	1st	Virus and Other microorganisms	1st (Batch A)	
	2nd	Isolation of microbes & staining techniques	2nd (Batch B)	
24th(Mar. 3rd Week)	1st	Gram and other differential staining	1st (Batch A)	
	2nd	Concept of nutrition, components and functions of food	2nd (Batch B)	
25th (Mar. 4th Week)	1st	Deficiency disorders and their prevention	1st (Batch A)	
	2nd	Balance diet	2nd (Batch B)	